



Women's Coffee House Book Study

Fresh Brewed Life

by: Nicole Johnson

Plan on joining **Katie Smeltzer** for the next in our series of women's book discussions beginning on **Thursday January 5th.**

We have chosen *Fresh Brewed Life* by Nicole Johnson because she will also be the speaker at this spring's "Awake Your Soul" Women's Retreat hosted by Trinity (additional information about the retreat on p. 8).

**We will meet on Thursday mornings at
8:45 a.m. at Downtown Perk, 145 West Main Street, Ashland.**

Books are available for purchase in the Church Office for \$10. The books are also available for Kindle and other e-readers.

About the author and the book:

- "Fresh Brewed Life"® is the title of Nicole Johnson's first book, and since then it has become a way of life. A child of divorced parents, Nicole discovered a love for radio and television at a young age. She fed her creativity by watching Carol Burnett and Lucille Ball on TV, reading plays, and by writing short skits for living room performances.
- Nurturing her creative abilities, she excelled in drama in high school and found her niche as a theatre major in college. Marrying right out of college she spent almost fourteen years in a marriage that only grew more difficult over time, finally ending in divorce.
- While these life experiences brought disappointment and pain, they also became the genesis of her perspective that a good life is not free from suffering. Grinding coffee beans every morning became a metaphor for her life.
- Knowing that each of us face the daily grind, Nicole believes what comes of all the little pieces is nothing short of a rich, warm and inviting life...
- This is the philosophy of Fresh Brewed Life®."